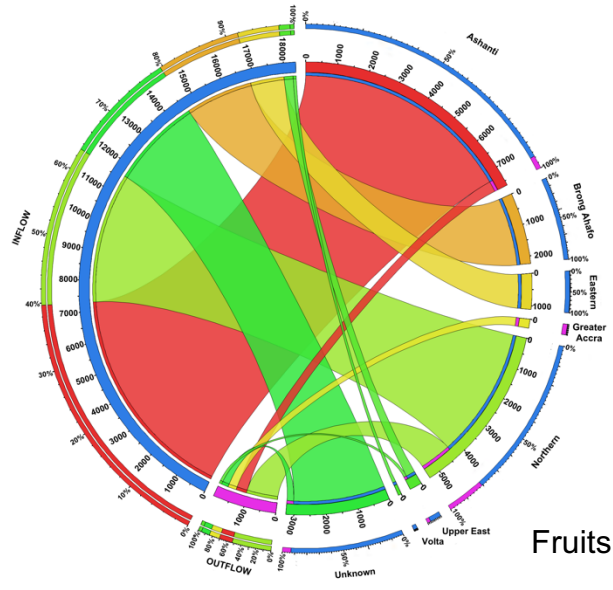
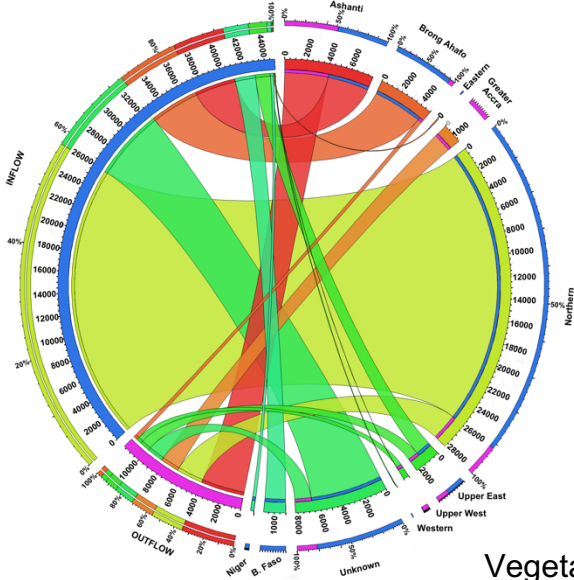


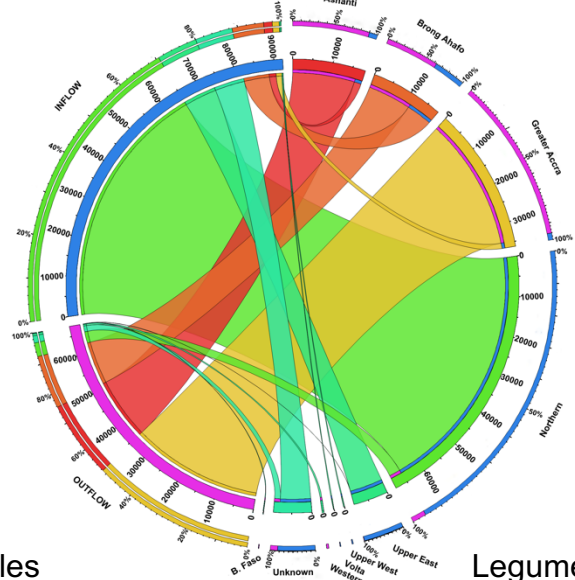
Cereals



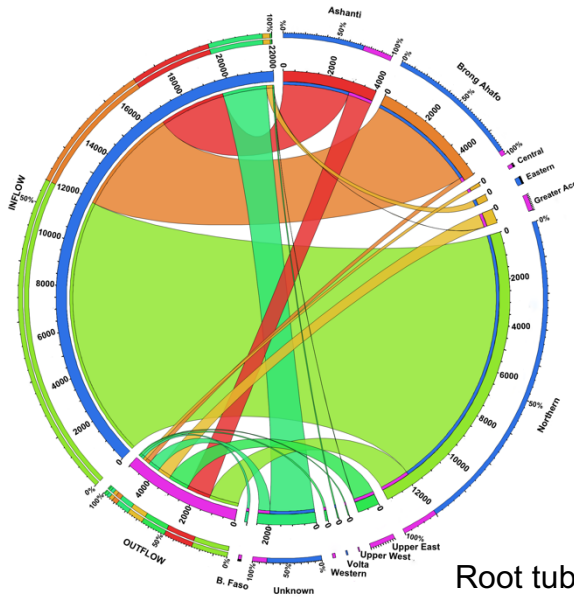
Fruits



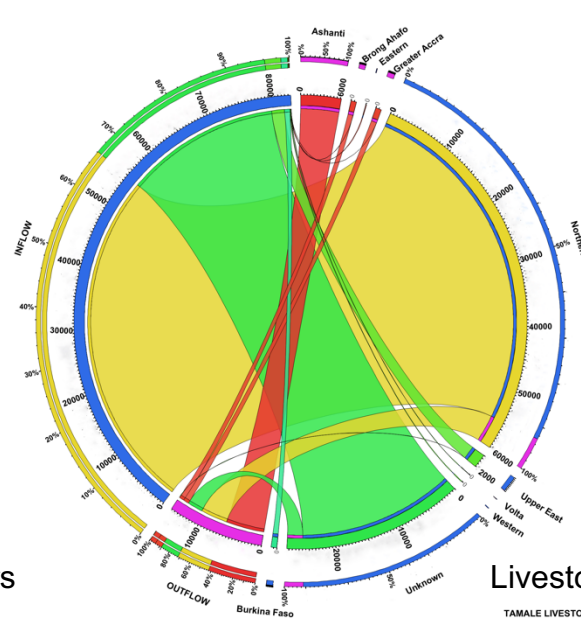
Vegetables



Legumes



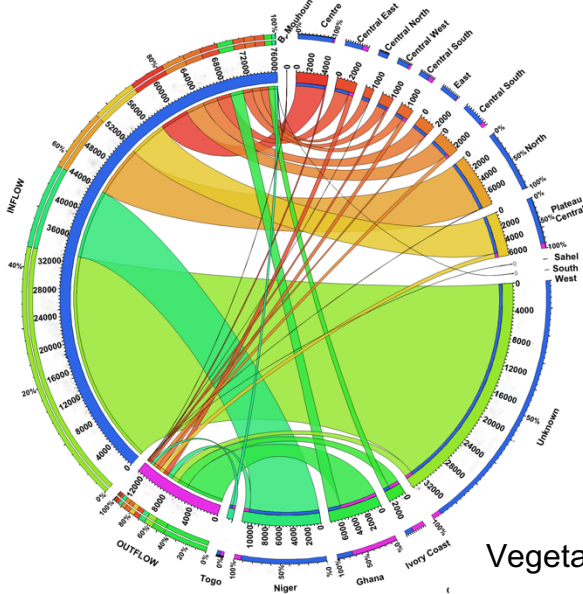
Root tubers



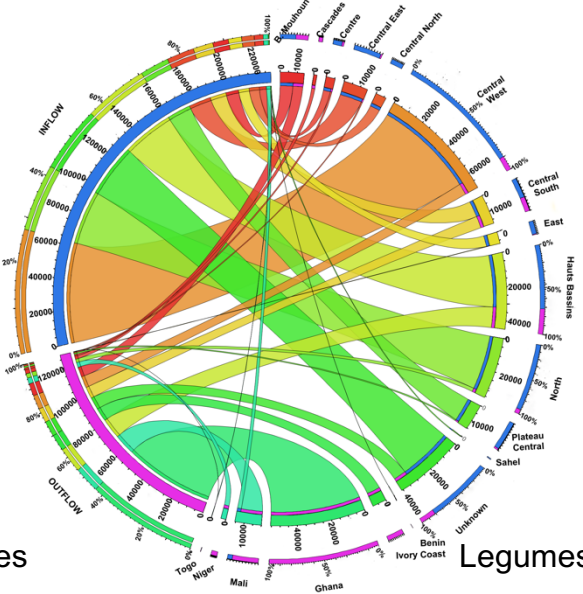
Livestock

TAMALE LIVESTOCK

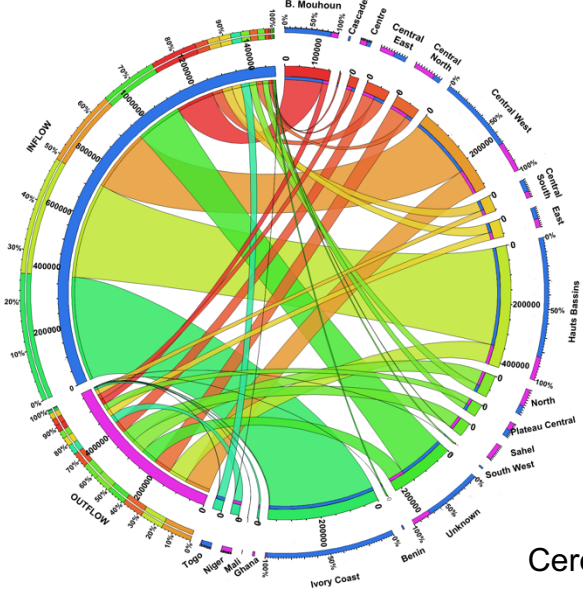
Regional virtual water in and outflows ( $10^6 \text{ m}^3 \text{ yr}^{-1}$ ) of different food groups for Tamale (northern Ghana) in 2013-2015. The size of each ribbon reflects the volume of the virtual water flow. Virtual water imports (inflows) are shown in blue, while exports (outflows) are shown in purple. Each ribbon identified with a specific colour corresponds to an exporting or importing region. Values indicate the absolute (inner) and percentage (outer) of the total virtual water trade volumes. Figure was created with a network visualization software of Krzywinski et al. (2009).



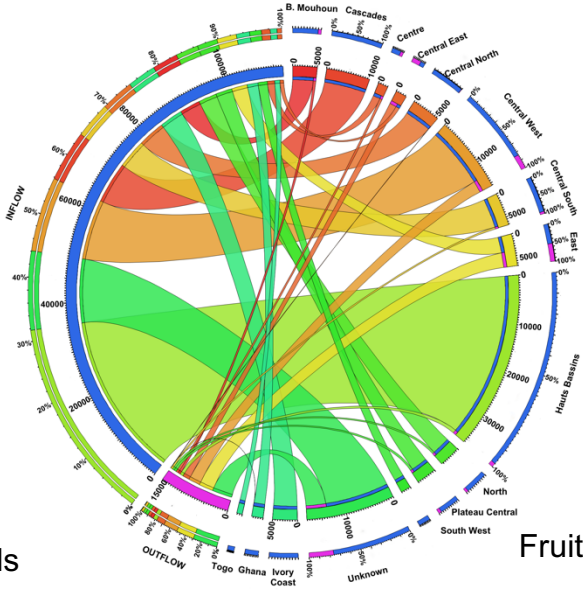
Vegetables



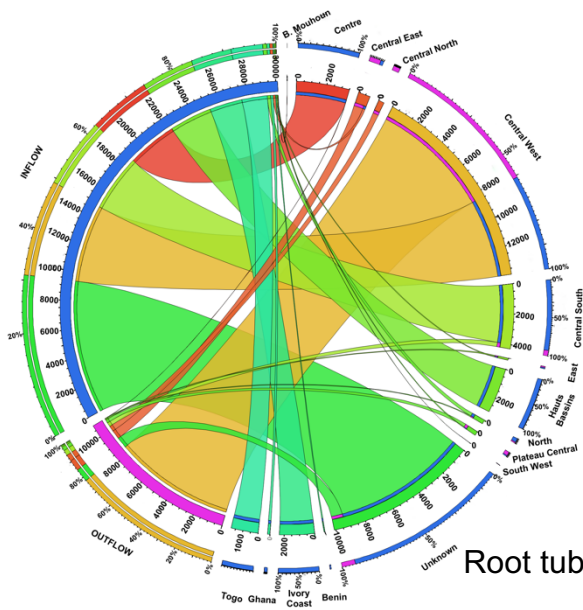
Legumes



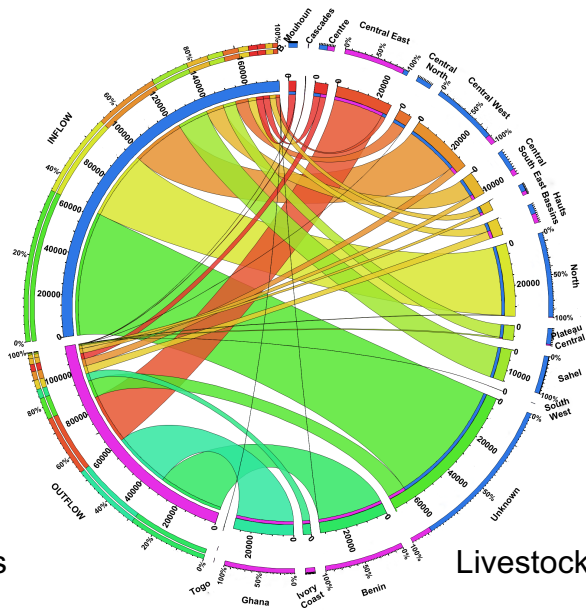
Cereals



Fruits



Root tubers



Livestock

Regional virtual water in and outflows ( $10^6 \text{ m}^3 \text{ yr}^{-1}$ ) of different food group for Ouagadougou (central Burkina Faso) in 2013-2015. The size of each ribbon reflects the volume of the virtual water flow. Virtual water imports (inflows) are shown in blue, while exports (outflows) are shown in purple. Each ribbon identified with a specific colour corresponds to an exporting or importing region. Values indicate the absolute (inner) and percentage (outer) of the total virtual water trade volumes. Figure was created with a network visualization software of Krzywinski et al. (2009).